



WHEN LIFE GIVES YOU KNEE PAIN
Use Dr. Ortho **KNEE CAP**

Contact for Dealership : **85588 07777 • dealership@divisa.in**

Dr. Juneja's
Dr. Ortho[®]
Ayurvedic Oil, Capsules, Spray & Ointment

DESHDOOT PANCHAVATI PROPERTY EXPO



Stall holders who participated in the Property Expo were honoured with mementos and roses for their contributions. On this occasion, general manager (advertising) Amol Ghavare, manager Milind Vaidya, manager (circulation) Parag Puranik and others were present.

(Pics: Satish Devgire)



840 tonnes of onion dispatched to Delhi

NASHIK: In a bid to stabilize onion prices, the Central government dispatched 840 tonnes of onions from Nashik to Delhi's Kisanganj on Saturday night, November 16. The shipment was part of the five lakh metric tonnes procured through NAFED (National Agricultural Cooperative Marketing Federation) and NCCF (National Co-operative Consumers' Federation) under the Price Stabilization Fund.



This marks the third shipment from Lasalgaon, with 2,520 tonnes already sent to Delhi. Additionally, 840 tonnes were sent to Korukipitu in Chennai to ease onion prices for consumers across regions.

The initiative follows a steep rise in onion prices,

with retail rates crossing Rs. 80 per kg in recent weeks. Chief Minister Eknath Shinde had warned traders against hoarding to

ensure fair prices for consumers. This intervention has brought a noticeable dip in prices, with a decline of Rs. 1,000 per quintal reported. The price surge is attributed to a reduction in the arrival of summer onions, coupled with limited quantities of new onions entering the market.

On Saturday, the Ag-

ricultural Produce Market Committee (APMC) at Lasalgaon recorded the following onion prices:

Red onions: Minimum: Rs. 1,600 per quintal, Maximum: Rs. 4,900 per quintal and Average: Rs. 4,500 per quintal.

Summer onions: Minimum: Rs. 2,900 per quintal, Maximum: Rs. 4,905 per quintal and Average: Rs. 4,700 per quintal.

Comparatively, on Wednesday, summer onions were sold at an average price of Rs. 5,700 per quintal, while red onions averaged Rs. 4,600 per quintal. Within three days, the price of summer onions fell by Rs. 1,371 per quintal, and their average price dropped by Rs. 1,200.

Traffic woes persist on Makhamalabad Road

NASHIK: Local residents including villagers in Makhamalabad village are grappling with persistent traffic jams on the stretch between Makhamalabad village and Panchvati. Locals are urging authorities to expedite the long-pending road-widening. With Nashik's rapid growth, Makhamalabad Shivar has seen significant urbanization. Originally included in the Municipal Corporation in 1992, the area has since developed with numerous colonies and an increasing population. However, infrastructure improvements, particularly road expansion, have lagged.

Makhamalabad Road serves as a vital link to key areas, including the Peth-Dindori Road, Mumbai Highway, and Gangapur Road. It is heavily used by commuters, farmers, and traders, especially during peak hours. Evening travel through Nanasahab Dharmadhikari Marg and Gangadhar Baburao Phadol Chowk often results in severe traffic congestion. With the Simhastha Kumbh Mela approaching, residents are pressing for urgent action by the Municipal Commissioner to alleviate these traffic challenges by widening the road.

Notable areas

Yangadhar Baburao Phadol Chowk, martyr Punja Nana Bhoir Chowk, Bhoir Mala, Mithun Mahadev Bagh, Mahadev Colony, Kothule Mala, Vadjai Mata Nagar, Gokul Nagar Hariom Nagar, Tambe Mala, Borade Mala, Vidya Nagar, Sant Namdev Nagar, Ram Shrushti Nagar, Matoshree Nagar, LIC Colony, Uday Nagar, Shanti Nagar, Mankar Nagar, Ramakrishna Nagar, Mankar Mala and Swami Vivekananda Nagar.

Four-day workshop for teachers held

NASHIK: A four-day workshop on 'Teachers and Teachers' Duties' was organized at Dhanalaxmi Balvidya Mandir School in Nashik, focusing on the evolving role of educators, the integration of technology in education, and lifestyle changes impacting teaching.

The workshop was attended by experts from various fields, including education, literature, and social work. Key speakers included Somnath Rathi, Dr. Vasant Barve, Vasant Khairnar, Dr. Ashwini Kumar Bhadravaj, Ravindra Barote, Dr. Ashlesha Kulkarni, Dr. Atul Wadgaonkar, Prof. Mahendra Gaikwad, Prof. Bharati Ma-



lik, and Prakash Kolhe.

The workshop emphasized the importance of innovative and enjoyable teaching methods, with Dr. Ashlesha Kulkarni highlighting practical games as a tool to enhance education. Prakash Kolhe addressed the need to build confidence among teachers.

Secretary Jyoti Kolhe stated that the workshop

aimed to empower teachers, describing them as essential contributors to national development.

The workshop was compered by Trupti Sharma and Vijay Gaikwad and Komal Singh proposed a vote of thanks. Headmistress Surekha Nikam and the school staff took sincere efforts to make the workshop a success.

Vichar Jagar Foundation to honour women

NASHIK: The Vichar Jagar Foundation will honour Dr. Raosaheb Kasabe, a senior thinker, and present the Prerana Puraskar to five women for their outstanding contributions in social work, politics, and education. The programme will be held on November 19 at 5 pm at Aurangabadkar hall, Saykhedkar Natya Sankul, Nashik. Mandakini Bhoje (Politics), Veronica Parge (Education), Vidya Madhukar Kamble (Politics), Raziya Dabir Saiyyed (Social Work) and Dr. Shahin Shaikh (Education) will be honoured with the Prerana Puraskar.



My old name Farzana Bano has been changed to my new name Syyed Farzana Farman ali as per Aadhar No. 9954 8550 9020

STATE SCHOOL GYMNASTICS COMPETITION

Nashik's gymnasts shine

NASHIK: Nashik's young gymnasts showcased exceptional talent at the State School Gymnastics Competition, organized by the Directorate of Sports and Youth Affairs, Maharashtra, from November 14 to 17 at the Balewadi Sports Complex in Pune.

In the 17-year age group, Ayush Dalvi delivered a remarkable performance, earning a silver medal in the parallel bars category and a bronze medal in the pommel horse category. Ayush's consistency in the sport has been evident, as he won a silver medal in the National School Competition in Delhi last year. He also represented Maharashtra at the Khelo India Games in Chennai.

In the 14-year age group, Varada Daund contributed to her team's success by securing a bronze medal in artistic gymnastics. Another

standout performer, Advika Jadhav, excelled in

CBS, while Varada and Advika also balance aca-



the individual artistic gymnastics category, finishing ninth overall.

Ayush, Varada, and Advika have been rigorously training at the Prabodhan International Academy under the mentorship of national gymnastics coach Prabodhan Dongaonkar for the past seven years. Ayush is currently a student at Adarsh School,

demics alongside their sports training.

Ayush Dalvi is now preparing to represent Maharashtra at the National Gymnastics Competition, scheduled to be held in Kolkata from December 9 to 13, 2024. Coach Prabodhan Dongaonkar expressed confidence in Ayush's ability to deliver another medal-winning performance at the national level.

U-19 Asia Cup

Sahil among reserved players



NASHIK: Nashik District Cricket Association's young player and aggressive left-handed opener Sahil Parakh has been selected as a reserve player for the Indian team in the Under-19 Asia Cup. In September, representing India in an ODI series against Australia, Sahil scored an unbeaten 109 off 75 balls, including 14 fours and 5 sixes, leading India to a 9-wicket win in just 22 overs. He later served as vice-captain of Maharashtra's Under-19 team in the Vinoo Mankad Trophy.

The U-19 Asia Cup is scheduled in Dubai and Sharjah from November 30 to December 4. India's matches are against Pakistan (Nov 30), Japan (Dec 2), and the UAE (Dec 4).

Vigilance awareness week at Bhonsala Military School



NASHIK: Bhonsala Military School, run by the Central Hindu Military Education Society, observed Vigilance Awareness Week from November 13 to 15, 2024, with great enthusiasm. The programmes, organized under the theme 'Culture of Integrity for Nation's Prosperity', were guided by the Central Vigilance Commission (CVC) and the Ministry of Defence, with the support of the vigilance department of Mazgaon Dock Shipbuilders Limited.

The programme commenced with a tribute to Dharmaveer Dr. B.S. Moonje by garlanding his tomb. Chief guest T.J. Jacob inaugurated the event by paying homage to goddess Saraswati, Chhatrapati Shivaji Maharaj, Dharmaveer Dr. Moonje, and Sardar Vallabhbhai Patel. Captain Ajit Odhekar felicitated the chief guest, while retired Commandant Colonel Sandeep Puri honoured Manoj Meshram and Rajkumar Deori.

Over three days, students partici-

pated in various competitions, including essay writing, painting, slogan writing, and poetry recitation. Cultural events on the second day showcased students' talents in dance, music, drama, rap, and mimicry. Sports competitions, such as football, basketball, relay races, and tug-of-war, were held company-wise. Additional activities included a musical chair contest for Class IV employees and an essay writing competition for teachers, who joined in with enthusiasm.

The closing ceremony on November 15 featured prize distributions to the winners by school committee chairman Anand Deshpande. Present at the event were Commandant Colonel Sandeep Puri (retd), academic coordinator Rajendra Jagtap, and supervisor Vishal Joshi, among others.

The programme was compered by Kadambari Jadhav and with Colonel Sandeep Puri proposed the vote of thanks.

