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NASHIK WEST CONSTITUENCY

Space allotted for new power substation

NASHIK: After a decade without the construction of a new power substation in the Nashik West constituency, the Maharashtra State Electricity Distribution Company Ltd. (MSEDCL) has now been provided with space to address the growing electricity demand. The lack of space has led to persistent issues such as load shedding, power tripping, irregular supply, and fluctuating voltages, with residents experiencing disruptions 2 to 3 times a day.

BJP state spokesperson Pradeep Peshkar has spearheaded efforts to resolve these issues. Recognizing the urgent need for enhanced power infrastructure, Peshkar engaged with local businesses and facilitated the allocation of space in Metro Zone project for a new substation. The chosen location is within the Pathardi and Ranenagar areas, which are rapidly developing

and adjacent to the Ambad industrial zone, home to numerous small and large industries.

The area has faced significant power supply problems, prompting discussions among residents and businesses about MSEDCL's inability to meet demand. To address this, Peshkar coordinated with various stakeholders, including Metro Zone officers and MSEDCL officials, to secure a site on Wadala-Pathardi Road for the new substation. He emphasized the need for immediate action, urging that the site be taken over and the substation constructed without delay.

Peshkar, along with Metro Zone officer Ansari, social workers Darshan Laddha, Pradeep Patil, Tejas Wankhede, and MSEDCL officials Rajendra Bhambhar and Manoj Katkade, conducted a site inspection to assess the suitability for the new facility.



Whenever a large housing project is approved, provisions for essential facilities like power substations are included in the planning. MSEDCL was aware of this requirement from the onset of the Metro Zone project but failed to act until the electricity issues were highlighted by citizens. This must change. Immediate action should be taken in other similar projects to ensure space is utilized effectively to prevent such problems in the future.

- Pradeep Peshkar,
BJP state spokesperson & state president,
BJP good governance cell



Guru Purnima celebrated in Nashik city on enthusiastic note on Sunday. Devotees flocked to various temples, including Navshya Ganpati temple, Gondavalekar Maharaj temple and Ekmukhi Dutt temple, to seek blessings. Pics: Satish Devgire

Five two-wheelers stolen

NASHIK: The city has experienced a surge in vehicle thefts, with five two-wheelers stolen in recent incidents.

On the night of July 19th, Shubham Matsagar's bike, valued at Rs. 50,000, was stolen from the parking lot of Gokul Heights on Peth Road.

A case has been registered with the Panchavati police.

In another incident, Sachin Bhimrao Mali's bike, worth Rs. 50,000, was stolen on July 4, 2024, while parked near a road divider opposite Raj Sweet on Dindori Road. The Mhasrul police have filed a case regarding this theft.

Additionally, a moped Activa belonging to Kirti Kuldeep Vibhandik, val-

ued at Rs. 20,000, was stolen from the parking lot of Uma Darshan at Dhattrak Phata between 7 pm and 9 pm on July 18th. The Adgaon police are investigating this case.

Nikita Sanjay Sananse's bike, worth Rs. 40,000, was stolen from the parking lot of Krishnadam Apartments in Dhruvanagar between 4 pm and 5 pm on July 11th. A case has been lodged with the Gangapur police.

Lastly, a two-wheeler owned by Ravindra Rajadhar Borade was stolen while parked under a tree in front of the parcel office at Nashik Road railway station on July 14th. This incident is being investigated by the Nashik Road police.

Seminar 'Doctor on Duty - Beyond Medicine'

Healthy lifestyle is key for good health, opine doctors

NASHIK: A healthy lifestyle is the cornerstone of good health, according to medical experts who spoke at the seminar 'Doctor on Duty - Beyond Medicine' held on Saturday, July 20th, at Gurudakshina Hall on College Road. It focused on the significance of nutritious diets, mental well-being, and preventive measures against lifestyle-related diseases.

During the seminar, various health issues linked to changing lifestyles and increasing ambitions were discussed. Topics included diseases caused by metabolic syndrome such as diabetes, high blood pressure, stress, infertility, and hereditary conditions. The panel of experts also shared



strategies to combat these ailments. The seminar featured senior general physician Dr. Vijay Ghatge, senior cardiologist Dr. Nitin Ghaisas, gynaecologist Dr. Chandrakant Sankalecha, and lifestyle guide Dr. Vinita Deshpande. Advertising expert Nandan Dixit interviewed them.

Dr. Vijay Ghatge raised concerns about the rising population and its impact on health. He noted that diabetes, once considered a disease of the rich, has now become prevalent among the underprivileged due to poor child-

hood nutrition. He stressed the importance of proper nutrition and the genetic factors contributing to diabetes. He also highlighted that excessive medication and stress from increasing ambitions contribute to the rise in diabetes cases. Dr. Ghatge emphasized that mental well-being is crucial, as 60 to 70 percent of diseases are mental.

Dr. Nitin Ghaisas described high blood pressure as a "silent killer," affecting 30 percent of the population and causing 13 percent of deaths. He pointed out that high

intake of salt, sugar, and calories, along with late eating habits, contribute to high blood pressure. Dr. Chandrakant Sankalecha addressed the rising issues of infertility and polycystic ovary syndrome (PCOS). He linked the delay in childbearing to career pursuits and advised against self-diagnosing PCOS through online searches, which can increase anxiety. Dr. Vinita Deshpande emphasized the joy of maintaining a healthy weight and the importance of preventive measures against future diseases. She urged women to prioritize their health while caring for their families. The seminar was moderated by Piyu Arole.

Three duped of Rs. 71 lakh in cyber scam

NASHIK: Three individuals from Nashik have been duped of approximately Rs. 71 lakh by cyber criminals. A case has been filed with the cyber police, who are investigating the matter. Despite numerous awareness campaigns by the crime branch and cyber police, aimed at educating the public about such scams, residents continue to fall victim to these sophisticated schemes.

According to a complainant by a youth, on March 15, a cyber fraudster shared a link related to stock market investments. The fraudster, who initially contacted the complainant via social media, promised high returns from stock trading. The complainant was shown convincing fake profits in a virtual account, which

lured him into investing further. By June 12, the complainant had invested Rs. 51,46,500.

Meanwhile, two other individuals in the city were similarly enticed by the scammers, who persuaded them to invest Rs. 19,47,500 by showcasing unrealistically high returns in virtual accounts. When these victims attempted to withdraw their money, they were unable to do so, and repeated attempts to contact the fraudsters yielded no results. Realizing they had been deceived, the victims reported the incidents to the Nashik cyber police.

A case of fraud under the IT Act has been registered against the unidentified cyber criminals. Senior police inspector Riaz Shaikh is investigating into the matter.

Investiture ceremony at Podar International School

NASHIK: An investiture ceremony was organised at Podar International School Ojhar, marking the formal installation of the newly elected student council. The event commenced with a warm welcome of chief guest Bharat Jadhav, Mantralaya, Mumbai and all the staff members followed by traditional lighting of the lamp which was performed by the principal Dr. Jasinth Parke, along with Bharat Jadhav, AOVishal Mendhe, HM Shravani Kamuju and coordinators.

The ceremony was enlivened by a series of vibrant cultural performances by students. The school choir presented a melodious song that stirred the hearts of all present. A captivating dance performance by the students added colour and joy to the event, showcasing their talent and enthusiasm.

The highlight of the event was the oath-taking ceremony. The newly elected Head Boy, Head Girl, and other council members took the oath of pledging to perform their duties with integrity, dedication, and commitment.

The oath was administered by the principal Dr. Jasinth Parke, who along with the parents of elected members presented the

badges to the council members, signifying their new roles and re-

sponsibilities. in the Constituent Assembly were Satyam Gupta, Soham Patil, Devi-



sponsibilities.

Chief guest Bharat Jadhav, serving in Mantralaya, Mumbai as language translator addressed the gathering, sharing words of wisdom and inspiring the students to strive for excellence in all their endeavours.

Principal Dr. Parke emphasized the importance of leadership and responsibility, encouraging the new council members to uphold the values and ethos of the school.

Among the Cabinet Ministers

ka Daund, Partha Sakhre, Ruchi Gaikwad, Tanushree Wanle, Akshada Ugale, Shreyas Jadhav, Anshul Nanavare, Krishnam Lahoti, Staksha Kshirsagar. Himanish Sahu, Raj Thakare, Rimsha Sinha, Aradhya Tupke, Nidhi Dhanwate, Aryan Jondhale, Samyak Gamit, Shaurya Gosavi, Vidhi Deshmukh and Madhavi Nagare participated in this Independent Minister. The house secretaries included Aqua House Secretary Shreyas Ranpise, Terra House Secretary Renuka Khapre, Ignis House Sec-

retary Ananya Kamuju and Ventus House Secretary Aryan Suryavanshi. The prefects included Varad Pangavhane, Abhiraj Naik, Shreyas Ahire, Snigdha Pandey, Vaishnavi Hingonekar and Bhakti Lohar. Bharat Jadhav, principal Dr. Jacinth Parke and parents were awarded with batches, sachets and certificates. Along with this, Aqua House coordinator teacher Nitin Thakare, Terra House coordinator teacher Manisha Adhangale, Ignis House coordinator teacher Priyanka Gorade, Ventus House coordinator teacher Shital Deshmukh were also honoured with batches, sachets and certificates. Chief guest Bharat Jadhav through his hearty greetings to all the students of the Constituent Assembly and also motivated them for their future endeavours.

Dr. Parke also inspired and wished the students to fulfill their responsibilities properly through her wisdom. All the arrangements of the programme were carried out spontaneously under the control of Rakesh Sharma, sports teacher of the school. The programme was coordinated by school teachers Megha Kamankar and Amrita Devkar. The ceremony concluded with a vote of thanks.

Annual magazine 'Akshar' released at KTHM College



NASHIK: The annual magazine 'Akshar' for this year was released by principal Dr. R. D. Darekar at KTHM College. The magazine focuses on the theme of the New Educational Policy 2020, featuring insightful articles by students and professors in English, Marathi, and Hindi. These contributions aim to educate students, parents, and the broader community about the new policy being implemented this year.

In his address, Dr. Darekar highlighted the key aspects of the New Education Policy, emphasizing its role in harnessing students' potential, promoting universal education, and leveraging digital tools. He

underscored the policy's innovative features, such as multiple entry and exit points, quality education for all, mainstreaming out-of-school children, and skill-based education and training. Dr. Darekar stressed the importance of collaboration among government bodies, educational institutions, teachers, students, parents, and industry to achieve these goals.

The magazine includes interviews with prominent figures, descriptions of the year's innovative activities, and summaries of seminars and dignitaries' perspectives shared during their visits. It also celebrates the achievements of outstanding students and teachers.

Annual reports from the departments of Science, Commerce, Arts, and Higher Secondary Vocational Courses are featured, providing a comprehensive overview of the year's accomplishments.

The cover page of 'Akshar' was designed by Prasanna Bhandare, a Class 12 Science student, who was felicitated on this occasion.

The programme began with a warm welcome from Prof. Kiran Redgaonkar, followed by an introductory speech by chief editor Prof. Shilpa Karanjkar. Prof. Nandkumar Kale compered the programme, while Prof. S. B. Patil proposed a vote of thanks.